Study Skills and Examination Jechniques

## Information sheet for Parents:

**Study Focus limited** will be presenting a presentation on study skills and examination techniques. The presentation involves the following topics:

- Listening techniques.
- Note taking techniques.
- Reading techniques.
- Creating an ideal study environment.
- Learning styles.
- Study timetables.
- Memory techniques.
- Language skills.
- Oral exams.
- The management of examination stress.
- What the student should do the night and morning before the examination.
- Examination techniques.

This programme has proved to be very successful in secondary schools throughout Ireland.

A comprehensive study skills booklet and workbook are giving to each student at the conclusion of the presentation.

## **Techniques Evaluation Workbook**

From experience and research Study Focus Limited found that Students were very focused and motivated after the course, but some Students lose enthusiasm over time. To eliminate this problem we devised a workbook where the Student evaluates their techniques and performance in all aspects of study skills and examination techniques three times during the year. The workbook is extremely quick and easy to use. It is incredibly effective in highlighting where students have improved but more importantly it highlights the areas where students need to make improvements.

Examination performance is a skill, not a talent. Success has as much to do with technique as with knowledge.